

SELF-CARE: A MORAL AND ETHICAL IMPERATIVE (1 CEU)



**NOV. 18
12 - 1 PM**

This virtual presentation will focus on better understanding stress and self-care, with a focus on changes made to the NASW Code of Ethics that make self-care a moral and ethical imperative for social workers.

COURSE OBJECTIVES:

- Understand recent changes in NASW Code of Ethics regarding self-care.
- Understand stress and effective coping strategies for social workers and other mental health and caring professionals.
- Develop a wellness plan that can enhance the quality of life of direct service providers and supervisors.

**MEMBER: FREE
NON-MEMBER: \$20**

Contact: support@naswca.org



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