

Next steps to become a Disaster Mental Health volunteer:

- Visit redcross.org
- Click Volunteer, then click Apply Now to create a Red Cross ID
- Complete a volunteer application
- Respond to contact from your local chapter and discuss volunteer options
- Complete Red Cross Disaster Mental Health training courses

Other Red Cross volunteer opportunities for mental health professionals:

- Service to the Armed Forces
- Disaster Action Team
- Disaster Casework
- Home Fire Campaign

Central Appalachia Region
CARVolunteerServices@redcross.org
(304) 340-3650

Join the **Red Cross Disaster Mental Health**
team in your community!



redcross.org

MAKE A DIFFERENCE

VOLUNTEER

Are you a mental health professional?

Yes! Then **YOU** can help disaster survivors!

Join the **Red Cross Disaster Mental Health**
team in your community!



What types of disasters does Red Cross respond to?

- Home fire (most common Red Cross disaster response)
- Earthquake
- Wildfire
- Tornado
- Hurricane
- Flooding
- Transportation Disasters (e.g., plane, train)
- Shooting/Terrorism/Mass Casualty Incidents

What does a Disaster Mental Health team do?

- Respond to the immediate emotional distress and psychosocial needs of disaster survivors and Red Cross disaster responders.
- Supplement local mental health resources during times of disaster.
- Support the community in building resilience.

Where do Disaster Mental Health volunteers work?

- At Red Cross Chapter offices
- At home – supporting clients via telephone or “on-call”
- Wherever disaster survivors or Red Cross disaster responders are:
 - Driveways or hotel lobbies
 - Shelters
 - Service Centers (established temporarily in community settings)
 - Outreach or home visits in communities

Who can be a Disaster Mental Health team member?

- Mental Health Professionals with:
 - A Master’s Degree AND
 - A Current License or Certification in any US State or Territory as a:
 - Social worker
 - Psychologist
 - Professional counselor
 - Marriage and family therapist
 - Psychiatrist
 - School psychologist
 - School counselor
- Current Psychiatric Nurses with:
 - A state license as a registered nurse
 - A minimum of 2 years of experience working in a psychiatric setting
- Recently retired mental health professionals or psychiatric nurses (within the last 5 years)

