



# Systematic Affair Recovery Therapy (SART)™ Practitioner's Training Certification 21 CEU's

Hosted By Dr. Talal H. Alsaleem, PsyD, LMFT

CAMFT Approved Provider  
##128298

## WHEN

March 6-8, 2020

## SCHEDULE

Friday:

Registration 7:30 am

Class 8:00 am to 5:00 pm

Saturday

Class 8:00 am to 5:00 pm

Sunday:

Class 8:00 am to 5:00 pm

## WHERE

401-B, Vernon St,  
Roseville, CA 95678

## Who Can Attend?

**Systematic Affair Recovery Therapy** was developed to provide counselors of all levels with a strategic and adaptive treatment method for helping couples heal from the trauma of sexual and emotional affairs. Working with couples in crisis can be overwhelming for new as well as seasoned clinicians, especially when considering the extreme emotional distress and feelings of hopelessness about the future of the relationship.

The knowledgebase you will gain from this workshop and the clinical interventions you will learn are based on extensive clinical work with couples dealing with infidelity and a comprehensive analysis of the academic literature in the field of infidelity counseling. Completing this workshop will expand your understanding of the process of healing and give you the clinical tools you need to help your clients recover individually or as a couple.

## LIMITED SEATING

## Training Objectives

By the end of this training, participants will:

- Learn about the seven milestones of healing from infidelity and be able to articulate the specific interventions needed to complete each milestone.
- Be able to evaluate their current treatment methods for infidelity and identify how to incorporate the new methods into their existing practice.
- Learn about common clinical challenges and pitfalls of working with clients dealing with infidelity and be able to identify specific steps to deal with each challenge.

## TRAINING'S COST

Early Bird: \$695

Standard: \$745

Late: \$795

Student: \$345

Nonprofit: \$545



Dr. Talal H. Alsaleem is an infidelity recovery expert. He is an award-winning marriage counselor and researcher. He is the author of the acclaimed book, *Infidelity: The Best Worst Thing that Could Happen to Your Marriage*, and the founder of The Infidelity Counseling Center. He developed Systematic Affair Recovery Therapy (SART), a method of infidelity counseling that has helped hundreds of couples navigate the challenges of the healing journey from affairs. Dr. Alsaleem is an international lecturer and speaker. His engaging talks have helped many counselors broaden their understanding of infidelity and gain the necessary clinical tools to help their clients recover from affairs. Learn more at [TalalAlsaleem.com](http://TalalAlsaleem.com).

*"Dr. Alsaleem holds himself out to be an Infidelity Expert. The thoroughness and clarity contained in [his] book bears this out. I found [his] book thorough to the point that it could be used as a practical guideline to repair even general relationship issues, enhance current relationships, or prevent relationship problems from occurring in the future." --The Therapist, CAMFT's premiere bi-monthly magazine.*

To register visit:  
[www.TalalAlsaleem.com](http://www.TalalAlsaleem.com)  
[/trainings](#)  
Or call:  
Dr. Talal Alsaleem  
at 916-779-9939

# Course Agenda

## Day 1

### **Infidelity as a Social Construct**

Early Civilization Lens  
Religious Lens  
Modern Day Law Lens

### **Defining Infidelity**

The Use of Appropriate Terminology  
Definition & Clinical Formulation  
Creating a Cross-Cultural Definition

### **Different Types of Affairs**

Sexual Affairs & Emotional Affairs  
Mixed Affairs  
Real vs. Virtual

### **What Causes Infidelity?**

Biological Perspective  
Sociological Perspective  
Psychological Perspective

### **Group Factors Related to Infidelity**

Sex, Age, & Socioeconomic Status  
Relationship Status & Religiosity  
Race, Ethnicity, & Sexual Orientation

### **Assessment & Informed Consent**

Risks & Emotional Stability  
Tx Goals, Structure, and Outcome  
Areas of Assessment

## Day 2

### **The First Milestone: Setting the Stage for Healing**

Agreeing on the Logistics  
Anticipating and Preparing for Challenges  
Seeking Professional Help

### **The Third Milestone: Acknowledging the Impact**

Validation and Empathy  
Accountability  
Damage Assessment

### **The Second Milestone: Getting the Story**

Safe Environment for Proactive Transparency  
Controlling the Content of the Story  
How to Move Forward After the Narrative

### **The Fourth Milestone: Choosing a Path**

Obstacles Preventing Clients from Choosing a Path  
Assess the Relationship History Prior to the Affair  
Identify the Type and Actual Causes of the Affair

## Day 3

### **The Fifth Milestone: Creating a Plan of Action**

Clarifying Motives  
Short-term & Long-term Goals  
Concrete & Measurable Indicators

### **The Seventh Milestone: Sustainability**

Early Warning Signs  
Deviation from the New Baseline  
Immediate Interventions

### **Clinical Challenges**

Multiple Treatment Units  
Transference  
Countertransference  
Session Structure and Format  
Hostile & Fragile Environment  
Ethical Dilemmas

### **The Sixth Milestone: Implementation & Healing Pains**

The Necessity of Showcasing Efforts  
Evaluation and Adjustment  
Preparing for Healing Pains

### **Unique Cases**

Personality Disorders & Addiction  
Emotionally Fragile Clients  
Love Triangles

# Testimonials

“Dr. Alsaleem has a great command of the topic of infidelity. It's very clear that his treatment approach is based on extensive, specialized clinical experience and a thorough examination of the body of research.”

- Jeannie; Toronto, Canada (The International Marriage & Family Counselors World Conferences)

“I used to have a lot of anxiety about working with couples dealing with affairs. Learning about Systematic Affair Recovery Therapy gave me an adaptive blueprint of treatment that I can use with my clients.”

-Meredith; Santa Rosa, CA (Redwood Chapter of CAMFT)

“Excellent! A great balance between theoretical background and clinical application. I really like the interactive style of the workshop. Talal helped us use our personal and clinical experiences to connect with the material.”

Thomas; Los Angeles, CA (The California Association of School Counselors Annual Conference)

“Having just completed the introduction to Systematic Affair Recovery Therapy, I have developed a new appreciation for how the seven milestones of recovery will benefit my clients.”

-Samantha New Orleans, LA (The International Marriage & Family Counselors World Conferences)

**\*\* Time spent on registration, breaks, and meals will not count toward the 21 hour CE credit**

*Course meets the qualifications for 21 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Dr. Talal H. Alsaleem, PsyD, LMFT is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LEPs and LPCCs. Dr. Alsaleem maintains responsibility for this program/course and its content. Course certificates will be awarded within five working days of the successful completion of a course. (Distance Learning) A post-test is required with a passing grade of 70% to complete this course. Self-quizzes and study aids are provided to help ensure all students easily pass the post-test. There are no refunds for non-attendance or non-completion of a course; full refunds will be made in the event of course cancellation by the CEU provider within ten working days. Grievance Policy: please address all complaints in writing to [alsaleemtalal@gmail.com](mailto:alsaleemtalal@gmail.com) and we'll address your concern. Facilities and programs are accessible to persons with disabilities. If you have a special need and plan to attend the course, please contact Dr. Alsaleem at [alsaleemtalal@gmail.com](mailto:alsaleemtalal@gmail.com) or call (916) 779-9939 to request appropriate accommodations at least 72 hours prior to the workshop.*